

## Kilnamanagh CNS Aquatics Policy 2024

### Aims

- To enable pupils to acquire basic swimming skills.
- To promote children's enjoyment, understanding & appreciation of aquatics.
- To comply with the requirements of the Revised Curriculum in aquatics.
- To provide clarity of rules and responsibilities.

### Rationale

Our school values both the physical and psychological development of each child. Believing that a healthy body promotes a healthy mind, the school arranges for a 6-week course of swimming lessons for pupils from 3<sup>rd</sup>-6<sup>th</sup> class during the school year.

### Procedures and Guidelines

- Each pupil will have the opportunity to attend a term of six weeks of swimming lessons annually from 3<sup>rd</sup>-6<sup>th</sup> class.
- Parents will cover the cost of the course and also that of the transport to and from the pool.
- All children attending swimming should wear clothing which they can manage themselves. Swimming togs may be worn under clothing coming to school.
- Each child must have a suitable bag to carry his/her swimming gear such as a sports bag or similar type of bag with a secure zip or other fastening.
- Generally, children who do not have special needs will have sufficiently developed personal care skills to manage changing/dressing with ease. Children with special needs and who have been granted access to a Special Needs Assistant (SNA) will be assisted by the SNA. Where direct assistance is needed to change into swimming gear, specific parental consent must be received in writing.

*As per our Child Protection Policy, where assistance is needed for changing, this will be done in with the consent of parents. Under no circumstances will members of staff/volunteers be expected to or allowed to dress/undress a child unsupervised in a cubicle/private area. In such situations where privacy is required, the parents/guardians of the child will be asked to assist the child.*

*Parents must assist their own child only and not assist other children. Where assistance is required for changing, two adults must present in the communal changing room.*

- Two adults will be present outside the dressing room to supervise the children before and after the swimming lesson.
- It is the responsibility of the swimming instructor to decide on what swimming group level each child should be swimming with. This is determined at the first week of the swimming lesson term. The class teacher does not determine what level each child should swim with.
- All items brought to the pool should be clearly labelled with the child's name.
- Each child must have their own togs, towel, goggles, hairbrush (if necessary) and swimming hat, all of which should be marked.
- While in the pool, pupils must endeavour to always follow the instructor's orders and comply with the School Code of Behaviour.
- Children are required to comply with the School Code of Behaviour throughout any outing to the swimming pool.
- Teachers will remain on the viewing deck during the lesson to supervise the overall group and pupils who may need to use the toilets during the lesson.
- Pupils will be accompanied by and supervised by a teacher on the way to and from the pool. Pupils will travel by bus to the pool and the teacher will provide supervision before and after the swimming lesson.
- Should a child be unable to attend one lesson due to ill health or any other reason, a letter must be given to the class teacher, and he/she will travel with the class to the pool and remain under the supervision of the class teacher for the duration of the lesson.
- There is not enough time to fully dry children's hair with a hair dryer. Therefore, it is recommended that a silicone hat should be worn and children with long hair should wear their hair tied up for the day.

### **Instructional Arrangements**

- The school will organise the swimming programme for 3<sup>rd</sup>-6<sup>th</sup> classes.
- Instruction in the pool will be provided by qualified instructors.

### **Health and Safety**

- Staff will follow the guidelines of our own Health & Safety and Child Safeguarding Statement policies at all times.
- Pupils are required to behave at all times in a manner that ensures the safety of all involved in school swimming and comply with the School Code of Behaviour.

- Parents/guardians will receive a standard letter providing information on school swimming before their child starts their swimming term.
- All pupils must have a signed permission slip by a parent in order to participate in swimming lessons. Failure to provide this signed permission slip means that the child cannot participate.
- The pool will be provided with information regarding any child with a Special Educational Needs, or medical diagnosis that may compromise their safety at swimming, eg. Epilepsy, diabetes.
- If any injury or accident occurs at the pool. The lifeguard on duty will attend to the injury. Any incident reports completed by the swimming pool staff will be copied and brought back to the school.
- School staff will stand in the communal area outside the individual dressing rooms and to supervise/instruct from outside the cubicle doors.
- Staff from the school who are supervising swimming will communicate any concerns regarding health and safety of the pupils to the swimming pool staff and the school management.

### **Success Criteria**

Our Swimming Policy will be seen to be working well when:

- The school community are clear about and are committed to the principles that are outlined in this policy and correct procedures are being implemented.
- Positive feedback from members of the school community (teachers, pupils, SNAs, parents) is received.
- Positive feedback from swimming instructors regarding progress is received.

### **Roles and Responsibilities**

- The Board of Management, Principal, teachers, SNAs have both a role and a responsibility in successfully implementing this policy.
- The policy will be monitored and evaluated on an ongoing basis.

### **Timeframe & Review**

Progress made during the school year will be reviewed at staff meetings. This plan will be reviewed after three years.

### Ratification and Communication

his plan was ratified by the BOM on 19<sup>th</sup> March 2024.

The plan was communicated to teachers and implemented in classes from September 2024. It will be available for the wider school community on our school website.

Signed: Mary Farrell Date: 19/3/24

Chairperson of BOM

Signed: Joe Leevers Date: 19/3/24

Principal